

HEAD OF ACADEMY STRENGTH & CONDITIONING

SØNDERJYSKE FODBOLD IS LOOKING FOR AN ORGANISED AND AMBITIOUS HEAD OF ACADEMY STRENGTH & CONDITIONING TO COORDINATE AND IMPLEMENT THE ATHLETIC DEVELOPMENT OF OUR ACADEMY PLAYERS AND 1ST TEAM PLAYERS.

SØNDERJYSKE FODBOLD IS A DANISH FOOTBALL CLUB PLAYING IN THE TOP TIER OF DANISH FOOTBALL. THE ACADEMY IS A WELL-DEVELOPED ACADEMY PLAYING IN THE TOP TIER OF YOUTH LEAGUES, AND HAS PLAYERS INVOLVED WITH OUR NATIONAL TEAM ACROSS VARIOUS AGE GROUPS. THE CLUB HAS THE AMBITIOUS STRATEGY TO SEND TWO ACADEMY PLAYERS TO THE 1ST TEAM EVERY SEASON.

AS OUR NEW HEAD OF ACADEMY STRENGTH AND CONDITIONING, YOU WILL ACTIVELY CONTRIBUTE TO OUR STRATEGY BY BEING PART OF BOTH OUR ACADEMY AND 1ST TEAM SET-UPS.

YOU WILL HAVE 3 PRINCIPAL AREAS OF INTERVENTION:

- STRUCTURING AND COORDINATING THE STRENGTH AND CONDITIONING PROGRAM OF OUR ACADEMY
- U19 STRENGTH AND CONDITIONING TRAINING
- 1ST TEAM ASSISTANT STRENGTH AND CONDITIONING

THE POSITION REQUIRES THAT YOU:

- PLAN THE PHYSICAL TRAINING OF OUR U19 TEAM IN HARMONY WITH THE CLUB'S POLITICS AND CULTURE.
- EXECUTE PHYSICAL TESTS IN COLLABORATION WITH THE CLUB'S OTHER FITNESS COACHES.
- ASSIST OUR 1ST TEAM STRENGTH AND CONDITIONING TRAINER IN RELEVANT TASKS CONCERNING THE PHYSICAL DEVELOPMENT OF OUR 1ST TEAM PLAYERS.
- GPS DATA ANALYSIS.
- MONITORING OF TRAINING LOAD THROUGH THE SRPE METHOD, GPS DATA AND PLAYERS' GENERAL WELLNESS
- WORK WITH THE CLUB'S PHYSIOTHERAPISTS TO DEVELOP REHABILITATION PLANS FOR PLAYERS WHO ARE INJURED.
- PARTICIPATE IN VARIOUS MEETING ACTIVITIES
 - WEEKLY MEETINGS WITH COACHING TEAMS, WHERE THE PHYSICAL TRAINING IS PLANNED.

- WEEKLY MEETINGS WITH THE OTHER PHYSICAL TRAINERS.
- WEEKLY MEETINGS WITH PHYSIOTHERAPISTS ABOUT INJURED PLAYERS.
- 🏆 ATTEND MATCHES FOR THE U15, U17 AND U19 AGE GROUPS.
- 🏆 DEVELOP HOLIDAY PROGRAMS FOR ALL U19 PLAYERS.
- 🏆 PARTICIPATE IN CLUB ORGANIZED SOCIAL ACTIVITIES

YOU ARE THE RIGHT CANDIDATE IF YOU CAN FULFILL THE FOLLOWING SPECIFICATIONS:

- 🏆 YOU HAVE AT LEAST A BACHELOR'S DEGREE IN SPORTS SCIENCE.
- 🏆 YOU HAVE KNOWLEDGE IN STATISTICS, AND YOU ARE A PROFICIENT USER OF EXCEL/NUMBERS/GOOGLE SHEETS IN ORDER TO CREATE A DATA BASE AND INTERPRET DATA.
- 🏆 YOU HAVE EXPERIENCE AS A STRENGTH AND CONDITIONING TRAINER IN A PROFESSIONAL SPORTS ENVIRONMENT.
- 🏆 YOU HAVE EXPERIENCE FROM FOOTBALL IN AN ELITE FOOTBALL ENVIRONMENT.
- 🏆 YOU HAVE EXPERIENCE IN GPS DATA ANALYSIS
- 🏆 YOU ARE STRUCTURED AND STRONG IN PLANNING THE VARIOUS TASKS YOU HAVE AS A PHYSICAL TRAINER.

APPLICATION HAS TO BE SEND TO HEAD OF PERFORMANCE, YANNICK DURAND ON YD@SOENDERJYSKE.DK BEFORE SUNDAY 10TH MAY 2022 AND SHOULD INCLUDE:

- 🏆 AN UP-TO-DATE CV INCLUDING DETAILS OF ALL RELEVANT QUALIFICATIONS AND EXPERIENCE.
- 🏆 DETAILS OF TWO REFERENCES, ONE OF WHOM MUST HAVE HAD EXPERIENCE IN AN ELITE SPORTING ENVIRONMENT.

IF YOU WOULD LIKE MORE INFORMATION REGARDING THE POSITION, PLEASE CONTACT YANNICK DURAND, +45 2016 6560.